

In the Blink of an Eye

1. Noah takes about 400 steps in 12 hours. About how many steps does Noah take in 8 days? Fill in the table. Look for a pattern.

Time	12 h	24 h	2 days	4 days	8 days
Number of Steps					

2. About how many steps does Noah take in 9 days? Explain how you found your answer.

3. You breathe about 10 times every 30 seconds. About how many times do you breathe in 1 hour? Fill in the table. Look for a pattern.

Time	30 sec	1 min	10 min	20 min	1 h
Number of Breaths					

4. About how many times do you breathe in 2 hours? Explain how you found your answer.

5. Your eyes blink about 200 times in 10 minutes. About how many times do you blink in 2 minutes? Fill in the table. Look for a pattern.

Time	10 min	5 min	4 min	3 min	2 min	1 min
Number of Blinks						

6. About how many times do your eyes blink every 30 seconds? Explain how the table you made can help you find the answer.
