

# MARIANEWS

Marian High School – Tamaqua, PA 18252

March 2014

## Foreign Language Societies

“Alabaré, alabaré, alabaré a mi Señor.”

Each year here at Marian we hear these words in song at the Foreign Language Induction mass. On March 12, 2014, the new members of the French and Spanish Language Honor Societies were inducted into these organizations.

At the end of the mass, the background was given for the French Honor Society by Cassidy DeCosmo, its president, followed by the call of present members by VP Lauren Nietz. Then the same was done for the Spanish Honor Society by its president and VP Mary Grega and Ashton Galasso. The new members were then called by the two secretaries, Alexandra Stroia, Spanish and Christine McCord, French.

Next there was a lighting ceremony with candles and a recitation of the Language Honor Society Pledge followed by a presentation to each new member of a certificate by our Principal Sister Bernard Agnes.



Language Honor Society Inductees

**The new members are: (not in order of the picture)**

**Spanish Honors** – Stephen Betterly, Summer Brown, Kaila Cherba, Patrick Darrough, Connor Dodson, Peter Dubravoski, Katelyn Eder, Henry Hinchey, Maureen Kloap, Deaynna Koskulitz, Emma Macaluso, Kaylee Mahon, Ryan Malarkey, Tyler Martz, Courtney McCall, Samantha McCarthy, Amy McConnell, Dominic Mussoline, Abby Pilla, Hunter Puza, Emily Reinoehl, Kayla Rivers, Dante Salerno, Gabriella Smith and Tyler Wackley

**French Honors**– Kaitlin Kowker, Nicholas Kubishin, Emily Pulaski and Melissa Ramirez.

**Did I read that sign right? Some signs need to be proofed before hanging!**

In an Office – Would the person who took the step ladder yesterday please bring it back or further steps will be taken.

## Student Advocates for Persons with Disabilities Awareness Mass

## Annual Blood Drive

April 1, 2014 by Andrew Dotter



The Miller-Keystone Blood Center will be here to collect blood as they have done for years. Here are a few tips: Eat a big breakfast and drink plenty of non-caffeinated drinks, this helps keep you from getting light headed. Also remember your PHOTO ID!

The Blood drive is a campaign held each year here at Marian. It is an excellent way to help other people in need. Anyone over the age of 17 that also weighs more than 110 lbs. can give blood. Blood taking takes about 90-120 minutes or maybe less depending on your blood flow. Not only are you giving blood, but you also miss class and can have a sweet treat when you are done!

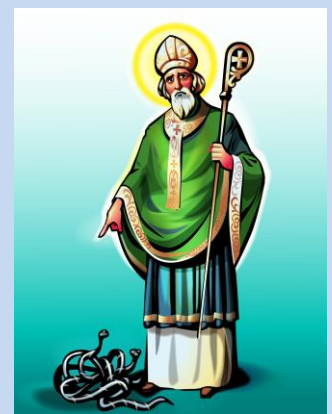
At the mass held on March 26, 2014, Senior Joseph Letcher had a few words to say about Developmental Disabilities Month.

"I, Joey Letcher, along with my fellow members Mary Susan McAndrew and Heather Getten are here today with our advisor Miss Prep to tell you about Student Advocates for Persons with Disabilities, an up-and-coming awareness group here at Marian that promotes our school community's consciousness of those among us and those outside the school environment that live with learning and physical disabilities. Our program seeks to encourage more awareness for people with these impediments and inform others of who they are and how invaluable they are to our world. We acknowledge the fact that persons with disabilities are integral, important members of our society and should be treated as such; furthermore, we believe they ought to be given the utmost compassion and respect while, at the same time, we recognize them as no different in terms of how they should be viewed and what they are capable of, for after all, a disability is by no means a detraction from what it means to be a human being.

March is Developmental Disabilities Month, and in light of that, we celebrate this Mass, offering our prayers and making each other aware of these wonderful people and how we can make their lives and our world better."

## Happy St. Patrick's Day! By Britney Zeigler

St. Patrick is the Patron Saint of Ireland and one of the most popular figures in Christian history. But who was he and why do we celebrate his day more than other saints? Saint Patrick wasn't Irish despite the Irish celebrating him so. He was born in Britain. He lived in a Christian family but when he was a young boy, he didn't show any interest in religion. When he turned 16, he was kidnapped and sent overseas to be a slave in Ireland. While he was there he found his religion again and hearing the voice of God dreamed of converting the Irish people to Christianity. Stories about him have been exaggerated which is typical of the Irish culture, they love a good story. He died on March 17, 461 and that's why we celebrate his feast on March 17 every year. In Ireland it is a religious feast but in America, some towns have parades and other events centered about St. Patrick. St. Patrick's Day became a holiday in the 1970s. But perhaps we need to remember that celebrating the Irish heritage is not all about drinking and mythological beings such as leprechauns. It is about the heritage of the Irish people and the saint that made them a people of God.

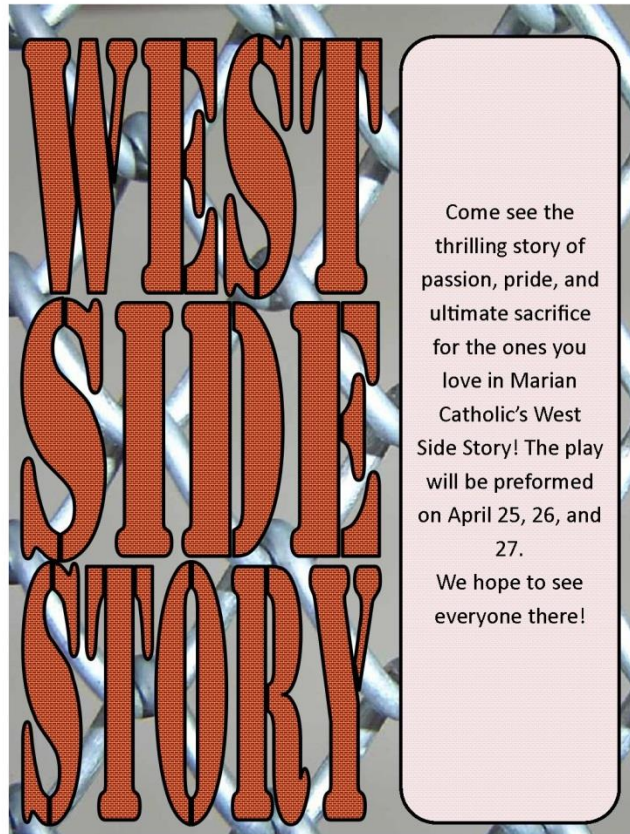


St. Patrick did not chase the snakes from Ireland, there never was any. But it makes for a good story!

## Lent – Make it COOL



As we find ourselves halfway through Lent, perhaps it would be a good idea to reflect on what it's all about. Is it all about giving up something we love, like chocolate, or abstaining from meat on Fridays? Is it about wearing ashes on Ash Wednesday (even when we are so picky about how we look) and fasting on Good Friday? Or can it be so much more? In a world where so many churches are closing and religion doesn't seem cool, so many people look forward to Lent. WHY? Lent is a time of self-evaluation. We know life isn't permanent, although we live life everyday as if it is. We know deep down that we are not perfect, that we are guilty of sin but don't like to acknowledge that. Lent gives us a chance to look at ourselves to become better people, to ask the question "Am I worthy of God's mercy?" We do this through fasting and prayer, our search for virtue. Virtue is not considered cool, and yet we celebrate those who lives of sacrifice are virtuous: our military, our first responders and those who do charitable works. So let Lent make us cool, make us part of that world of virtuous deeds. Pope Francis has chosen the theme, "He became poor, so that by his poverty you might become rich," for this year's Lenten message. If that isn't virtuous I don't know what is. There is still time left to search your soul and follow in the footsteps of the virtuous and make it COOL!



By Sarah Bauer

This month is National Women's History Month, but every day is Women's History Day at the National Women's History Museum, which I will call the NWHM for the sake of brevity. This museum is still under construction. It will be the newest museum in Washington, D.C.

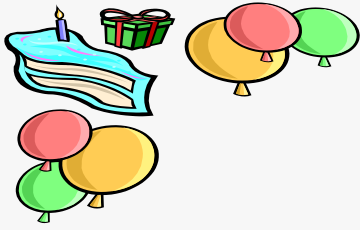
According to the website, the museum will be located on or close to the National Mall, which was created to show off our nation's values. It is not yet under construction because it has to be approved by Congress, which of course is going to take a very long time even though it has received a lot of support from female Congress members. The cause has been around since 1996.

If all goes well, the NWHM will be the first museum in Washington, D.C. to be designed by a woman and the first D.C. museum to be dedicated solely to women's history. A history museum will be making history itself. So far there are several online exhibits, educational opportunities, and scholarships available. They strive for historical accuracy; it is stated repeatedly on their website that their goal isn't to rewrite history or omit things, but to show the overlooked side of it. Their many online exhibits include topics such as women spies, women who ran for President, Chinese American women, and women in WWII.

If you want to see the exhibits and learn more about the museum, the website is [nwhm.org](http://nwhm.org). The petition can be found at [nwhm.org/html/involved/promote/petition.html](http://nwhm.org/html/involved/promote/petition.html). To write to Congress go to [congressweb.com/nwhm](http://congressweb.com/nwhm). There are also volunteer and internship opportunities on the website.







## Easy Eating

### Cooking Tips for the Culinary-Challenged Student

By Annette Ritsko

Let's face it, some of us can't even boil water and when our mothers are on a business trip we rely on McDonalds. Although a Big Mac is God's gift to mankind, we often need healthier foods in our diets. These monthly recipes and tips are easy for anyone to follow, tasty, and are at least a bit healthier than greasy fries. Make sure to check every month for new recipes and tips! This month I'll be focusing on breakfast, lunch and a snack.

#### Breakfast:

You can't go wrong with scrambled eggs and fresh veggies. Play around with seasonings and ingredients such as garlic powder, red peppers, onions, etc. Make sure to grease your pan first with either olive oil or butter. Scrambled eggs are fun to make since you don't have to worry about accidentally breaking yolks or flipping.

Oatmeal, cream of wheat or rice, and grits are also easy to make with their instructions on the box. You can make sweet oatmeal, cream of wheat or rice, and grits by adding as much brown sugar as you want, milk, ¼ teaspoon of vanilla, and a sprinkle of cinnamon. You can also add peas, ham, and onions to your hot cereal for a savory breakfast.

#### Lunch:

You usually can't go wrong with grilled cheese and when you add a few slices of tomato and ham, something magical happens! Since making grilled cheese includes a little more precision here are directions:

1. Heat 1 tablespoon salted butter in a cast-iron or nonstick skillet over medium-low heat.
2. Press the sandwich slightly and place it in the skillet. Cook until golden on the bottom, 3 to 5 minutes.
3. Flip, adding more butter to the pan if needed, and cook until the other side is golden and the cheese melts, 3 to 5 more minutes.

**For our vegetarian readers:** Swiss- Mushroom grilled cheese Spread 2 slices rye bread with Thousand Island dressing. Sandwich with 1 slice Swiss cheese, some sautéed mushrooms and onions, and another slice of Swiss. Cook it, flipping once, until golden.

#### Snack:

Before getting into recipes, don't forget the classics like peanut butter and celery, fresh fruit, and cheese and crackers! Sometimes you don't need anything fancy, just something to hold you over before dinner.

Do you like pretzels and cheese? If so, then try making pretzel melts! Put small slices of cheddar cheese between two mini pretzels. Place them on a parchment-lined baking sheet and bake for about 10 minutes at 425 degrees F. and serve with mustard.

## Metamorphosis By Robert Devigili

Existentialism is a broad philosophy that centers on the analysis of existence. In Kafka's "Metamorphosis," he reflects existentialism by turning a man into a bug. The Senior class at Marian has entered a drawing contest to show what the students think the creature would look like. The winners are as follows:

**CP winners:** Philip DeSantis, Maggie Nicholson, Kali Horn, Amanda Greenfield and Christy Digiandomenico

**Honors :** Arianna Srinivasan and Amanda Srinivasan

**A.P. :** Monica Wasik and Mary Susan McAndrew

**GRAND PRIZE –** Arianna Srinivasan  
**CONGRATULATIONS!**

